



WHERE DO I START?

Disability Specific Resources

Parents of children with disabilities frequently request information and support regarding a particular disability. Below is a list of Colorado disability specific organizations that offer resources, information and, in some cases, parent support groups. *Also included are major national organizations (in italics).* Call P2P or visit our website for additional resources.

P2P: Parent to Parent of Colorado, p2p-co.org, 877-472-7201

- One to one parent matching, information and referral
- Listserv linking parents throughout the state
- Website with disability specific resources, parent support groups and more
- The WHERE DO I START? Series, available for downloading at p2p-co.org

Autism/Asperger Syndrome

- Autism Society of Colorado, autismcolorado.org, 720-214-0794 or 866-733-0794
- Autism Society of Boulder County, autismboulder.org, 720-272-8231
- Larimer County Autism Society, autismlarimer.org, 970-377-9640
- M.A.S.K. - Mother's of Asperger's Syndrome Kids, health.groups.yahoo.com/group/maskas99/ (online)
- Roaring Fork Autism Network, rfautism.org, 970-309-5485
- *Autism Society of America*, autism-society.org, 800-328-8476
- *Online Asperger Syndrome Information & Support (O.A.S.I.S.)* aspergersyndrome.org

Brain Injury

- Brain Injury Association of Colorado, biacolorado.org, 800-955-2443
- *Brain Injury Association of America*, biausa.org, 800-444-6443

Cerebral Palsy

- Cerebral Palsy of Colorado, cpco.org, 303-691-9339
- Cerebral Palsy Association of Colorado Springs, cpappr.org, 719-638-0808
- *United Cerebral Palsy*, ucp.org, 800-872-5827

Chromosomal Disorders

- The XXYY Project, xyysyndrome.org, 303-400-3456
- *Chromosome Deletion Outreach*, chromodisorder.org/CDO, 561-395-4252
- *National Fragile X Foundation*, fragilex.org, 800-688-8765

Down Syndrome

- Colorado Springs Down Syndrome Association, csdsa.org, 719-633-1133
- Mile High Down Syndrome Association, mhdsa.org, 303-797-1699
- *National Down Syndrome Congress*, ndsccenter.org, 800-232-6372

Epilepsy

- Epilepsy Foundation of Colorado, epilepsycolorado.org, 303-377-9774 or 888-378-9779
- *Epilepsy Foundation*, epilepsyfoundation.org, 800-332-1000

Fetal Alcohol Syndrome

- NOFAS Colorado, nofascolorado.org, 303-692-2620
- *National Organization on Fetal Alcohol Syndrome*, nofas.org, 800-666-6327

Hearing and Vision Impairments

- American Council of the Blind of Colorado, acbco.org, 888-775-2221
- Anchor Center for Blind Children, anchorcenter.org, 303-377-9732
- Colorado Families for Hands and Voices, cohandsandvoices.org, 303-492-6283
- Colorado School for the Deaf and Blind, www.csdb.org, 719-578-2100
- *National Federation of the Blind of Colorado*, nfbco.org, 303-778-1130 or 800-401-4632

Infantile Scoliosis

- Infantile Scoliosis Outreach Program (ISOP), infantilescoliosis.org, 303-691-9339 or 866-417-4873

Learning Disabilities/Dyslexia

- Learning Disability Association of Colorado, ldacolorado.com, 303-894-0992
- Rocky Mountain Branch of International Dyslexia Association, dyslexia-rmbida.org, 303-721-9425
- *International Dyslexia Association*, interdys.org, 410-296-0232
- *LD Online*, ldonline.org
- *National Center for Learning Disabilities*, nclld.org, 888-575-7373

Mental Health

- Empower Colorado, empowercolorado.com, 866-213-4631
- Mental Health America of Colorado, mhacolorado.org, 800-456-3249
- National Alliance for the Mentally Ill, Colorado, namicolorado.org, 888-566-6264
- *Child and Adolescent Bipolar Foundation*, bpkids.org, 847-492-8519
- *Depression and Bipolar Support Alliance*, dbsalliance.org, 800-826-3632

Spina Bifida

- Spina Bifida Association of Colorado, coloradospinabifida.org, 303-797-7870

Tourette Syndrome

- Tourette Syndrome Association Rocky Mountain Region, tsarmr@att.net, 720-212-7535
- *Tourette Syndrome Association*, tsa-usa.org, 718-224-2999

For information on additional specific disabilities, we recommend:

- CHADD (Children & Adults w/ Attention Deficit/Hyperactivity Disorder), chadd.org, 800-233-4050
- Muscular Dystrophy Parent Project, parentdmd.org, 800-714-5437
- Parents of Premature Babies, preemie-l.org
- Sensory Processing Disorder Foundation, spdfoundation.net, 303-794-1182

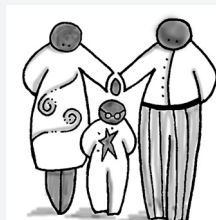
For general information on disabilities from national organizations, we recommend:

- MUMS National Parent-to-Parent Network, netnet.net/mums, 877-336-5333
- National Dissemination Center for Children with Disabilities (NICHCY), nichcy.org, 800-695-0285
- National Organization for Rare Disorders (NORD), rarediseases.org, 800-999-6673 (voicemail only)

The **WHERE DO I START?** Series includes:

- #1 General Resources
- #2 Disability Specific Resources
- #3 The Three P's: P2P, PEAK, PEP

Available for downloading at p2p-co.org



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